SEADREAM
YACHT CLUB
SPA

Make time for yourself

A rejuvenating experience awaits you at the SEADREAM Spa.

The Spa is Thai certified and the only one of its kind at sea. Discover the ultimate in Thai therapies and behold the secrets and luxury of their time honored spa treatments.

Achieve pure bliss and tranquility in a sanctuary for you to relax, unwind, recharge and rejuvenate. Choose from an extensive range of spa favorites such as our Asian Blend Massage, Soothing Aroma Massage and Traditional Thai Massage.

Our Spa brands

SISLEY PARIS® Skincare, makeup, and perfume… By bringing together its expertise, its consultation know-how, and its creativity, Sisley has created a specific approach for each of its product lines.

THALGO® has been the expert in marine beauty since the early 1960's.

HARNN® Thai Heritage utilizes natural, active ingredients in their collection for hair, skin & body care. HARNN® offers a variety of traditional Asian treatments that will transform you into a state of total well-being.

MOROCCANOIL® is the originator and leading manufacturer of professional Argan Oil hair products. MOROCCANOIL® has a strong following among leading runway, film, television and celebrity stylists.

WELLA® hair color is the choice of top international stylists. Discover the wide selection of Wella® hair colors onboard.

ESSIE® offers more than just nail polish. The collection has a wide variety of total treatments for hands and feet. Essie® is trusted by beauty professionals, fashionistas and celebrities alike.

CND® is a global leader in professional nail, hand and foot beauty - including SHELLAC® Brand 14 + Day Nail Color.

Our Spa features

Our Spa staff consists of five massage therapists, one hairdresser and one Spa Manager who will ensure that all of your spa needs are fulfilled.

You may enjoy some treatments on deck in our open air private massage area, cooled by gentle sea breezes. Yoga and Tai Chi sessions are offered daily on deck or ashore, weather permitting.

The Spa is open daily from 8:00 am to 8:00 pm. You may arrange treatments outside these hours upon request.

The SEADREAM Spa is an experience that will enhance your holiday and provide you complete rejuvenation.

SEADREAM body therapy

Body Glow 30 min $85
Using Marine plant extracts along with kaffir lime leaves, peppermint and rosemary, this invigorating body scrub promises to leave your skin refreshed and glowing.

Aloe Vera Body Mask 30 min $85
For relief of sunburn and tired dry skin, this wrap of aloe vera will keep your skin hydrated and soothed.

SEADREAM massage therapy

Traditional Thai Massage 60 min $149 75 min $189 90 min $229
The Traditional Thai Massage is performed to enhance joint movement and body flexibility with a combination of stretching therapies similar to yoga and dating back over 6,000 years. This treatment is available in our private open air massage area.

Asian Blend 60 min $149 75 min $189 90 min $229
A combination massage utilizing the very best of Thai, Shiatsu and deep tissue massage techniques to stimulate the body's meridians, resulting in energy, balance and restored health.

Swedish Body Massage 60 min $149 75 min $189 90 min $229
A full body massage that relaxes aching muscles, stimulates circulation and assists in the removal of toxins.

Soothing Aroma Body Massage 60 min $149 75 min $189 90 min $229
A thoroughly soothing full body massage with specially blended essential oils. Pressure may be light or firm.

Traditional Thai Massage with herbs 75 min $210 90 min $229
For the ultimate in traditional therapy, heated Thai herbal compresses from the Royal Project in Thailand are used after the Thai Massage to enhance the experience.

Hot Stone Massage — 75 min $210 — 90 min $239

A soothing massage performed with hot basalt stones which are applied in rhythmic patterns over the body to relieve tension and deepen relaxation.

SEADREAM couples & focused massages

Heated Massage — 75 min $379

Relax together in our couple´s room, enjoying a combination of massage techniques including Hot Stones and Herbal Compresses. The warmth of stones aid in relieving the stress of everyday life, and the massage leaves you both feeling relaxed and refreshed.

Journey Together — 120 min $495

Begin the journey together in our steam and sauna, where aromatic herbs calm, uplift & de-stress your mind, as your muscles warm up. A jasmine scented body scrub is applied to remove dry skin, before you both enjoy your Harnn® full body massages. This couple´s treatment provides complete relaxation and leaves skin feeling silky and hydrated.

Scalp, Neck and Décolleté Massage — 30 min $85

Reflexology — 30 min $89

Enjoy a crystal release foot bath followed by a traditional Thai foot reflexology treatment. Available in our private open air Spa area.

Perfect legs — 45 min $129

When suffering from heavy or tired legs, this treatment is designed to soothe and effectively improve circulation. This is a skillful massage with essential oils and a concentrated, deep acting leg mask. Available in the spa or in our private open air Spa area.

SISLEY PARIS®

FACIALS

The Phyto-Aromatic "After-Sun" Restorative Facial — 60 min $150

A precious moment of relaxation for stressed or irritated skin, the Phyto-Aromatic "After-Sun" Restorative Facial is incredibly gentle. Skin is soothed and regains its vitality, comfort and bygone serenity.

The Phyto-Aromatic Purifying Facial — 60 min $150

Designed for combination, oily and problem skins, the Phyto-Aromatic Purifying Facial cleanses and purifies the skin while maintaning its water balance. The pores are tightened, the skin purified and the complexion evened out. The face restores its transparency, freshness and glow.

The Phyto-Aromatic Facial for Men — 60 min $150

Exclusively designed for men, the Phyto-Aromatic Facial for Men offers a moment of relaxation thanks to a very specific ritual. It combines efficiency and well-being for a hydrated, toned and fatigue-released skin.

The Phyto-Aromatic Intensive Hydrating Facial — 90 min $225

The Phyto-Aromatic Intensive Hydrating Facial draws upon Sisley's extensive anti-aging expertise for a unique experience. Concentrated in active ingredients which encourage water circulation within the epidermis, the treatment helps restore the ideal water balance in the skin. More supple and toned, the skin regains the bounce, glow and radiance of a young skin.

BODY

The Phyto-Aromatic Exfoliating Body Treatment — 30 min — $100

This unique exfoliating treatment combines aromatherapy and the effectiveness of an all-over reinvigorating body scrub, for a soft and smooth skin to the touch. It is recommended before any body treatment

The Zen Harmony Phyto-Aromatic Body Treatment — 90 min — $225

The Zen Harmony Phyto-Aromatic Body Treatment offers a journey at the heart of an aromatic Californian massage, with added variations of intensity, techniques and scents. During the massage, no body part will be neglected. This treatment provides extremely relaxing and regenerating benefits.

The Intensive Hydrating Energizing Phyto-Aromatic Body Treatment — 90 min — $225

The Intensive Hydrating Energizing Phyto-Aromatic Body Treatment is performed with vitality. Combined with the benefits of essential oils, it brings softness and well-being to the body. Energy is rebalanced and the body is revitalized.

THALGO®

Beauty Marine Facials

Ocean Facial Treatment for Men 50 min $110
Relax and recharge stressed skin. Experience the restoring and anti-aging properties of the sea during this professional treatment featuring Algue Bleue Vitale.

Exceptional Facial 60 min $185
This facial is designed especially for the skin during menopause or hormonal changes. The exceptional range of THALGO products is based on natural hormones acting as genuine cell regenerators.

Wake-Up Eye Treatment 20 min $45
This eye treatment boosts the circulation around the eye area like a fitness trainer eliminating dark circles and puffiness.

Body

Descomask Sea Salt Scrub 30 min $60
Enjoy a stimulating body scrub based on Algae Petals detoxifying and smoothing your skin.

Sweet & Savory Sugar Body Scrub 30 min $75
This delicious body scrub leaves your skin feeling like silk, with an exotic scent of Lime and Ginger.

Slim & Sculpt Expert 75 min $175
Effective body treatment that works on cellulite and tightens the skin.

Sun

Florida Pre-Sun Treatment 50 min $115

A full body and face exfoliation followed with an application of Sun Shield. Both products contain hydrating and protecting properties to prepare your skin for the outdoors.

Florida Post-Sun Treatment 50 min $115

Soothe the body with THALGO aftersun care products to produce a cooling sensation and to rehydrate the skin. For the face, a mask is applied specifically formulated to repair sun damage, followed with a daily moisturizer according to skin type.

HARNN®

Thai Heritage Massage 60 min $159 90 min $239

Pressure from fingers, palms, elbows, knees and feet are used together with unique postures to stretch various muscle groups and stimulate the natural flow of energy. Herbal balm selection is available for this treatment and a body compress is optional.

Thai Aromatic Massage 60 min $159 90 min $239

This treatment blends traditions from Thai and other Asian massage techniques to create a very unique and relaxing experience. Employing special palm pressure and stretching techniques to ease aching muscles and stressed bodies. Herbal balm and Massage oil selection is available for this treatment.

Aromatherapy Massage 60 min $159 90 min $239

This massage treatment involves the application of HARNN'S renowned aromatic oil on the chakra points followed by soothing light massage movements to release stagnant energy flow in the body. By combining the effects of the aromatic oil and relaxing body massage, one can feel the tension and fatigue melt away as the mind and body are brought back to the point of equilibrium. Bath & Massage Oil selection is available for this treatment.

Back Massage 45 min $130

Developed specially to soothe a sore and stiff back, this deep tissue massage utilizes your choice of HARNN massage balm to relax back muscle tensions, reduce stiffness and improve the circulation. Perfect for relieving chronic back problems. Herb Balm & Bath/Massage Oil selection is available for this treatment.

Body Scrub 45 min $120

Ideal for dry and delicate skin, this jasmine scented body scrub contains mild natural exfoliating particles from corn cob and ground red rice powder. Marshmallow oil and pennywort (Centella Asiatica) extracts soothe and nourish delicate skin.

HARNN
CYMBOPOGON
BODY WASH
HARNN
HARNN
HARNN

SOLO

Salon Treatments

Beautiful Eyes

Eyelashes Tinted	$35
Eyebrows Tinted and Shaped	$30

Depilation

Half leg Wax	$48
Full leg wax	$66
Bikini or Underarm wax	$35
Chin, Lip or Eyebrow wax	$20

Hair Treatments

Shampoo and Blow Dry	
Short hair	from $45
Long hair	from $55
Shampoo Only	$20
Trim	$35
Cut - Short hair	$50
Cut - Long hair	$60
Men's Hair Cut	$35

Color me beautiful – with WELLA®

Roots Touch Up:

Short	$65
Medium	$75
Long	$85

Whole Head:

Short	$85
Medium	$100
Long	$115

Partial Highlights:

Short	$85
Medium	$115
Long	$150

Full Head Highlight:

Short	$100
Medium	$150
Long	$200

MOROCCANOIL®

Poolside Pampering 20 min $25

This intense hydrating mask is designed to restore much needed moisture to dry and damaged hair. This treatment will leave you feeling refreshed while you bask in the sun.

Relax & Rejuvenate 20 min $29

Detoxify your body in our tranquil steam room, while nourishing your hair and indulging your senses with the ultimate intense hydrating mask treatment. MOROCCANOIL's unique formula is enriched with Argan Oil and is designed to restore needed moisture to dry and damaged hair. This service will leave you feeling refreshed with your hair lustrous and rejuvenated.

Poolside Protection 20 min $20

Protect your hair from sun damage with Argan Oil - infused MOROCCANOIL Glimmer Shine Spray. The invisible veil of shine provides long lasting protection from the sun & other environmental elements.

Nails

'Stay In Control'

Tip Repair *per nail	20 min	$10
Overlay Repair *per nail	20 min	$20

'Perfectly Polished'

Manicure Basic Color	50 min	$55
Manicure French Color	60 min	$60
Pedicure Basic Color	50 min	$75
Pedicure French Color	60 min	$80
Mani & Pedi Basic color	90 min	$115
Mani & Pedi French color	90 min	$125

'Shellac Me Over'

Shellac Basic Manicure	50 min	$85
Shellac French Manicure	60 min	$90
Shellac Basic Pedicure	50 min	$105
Shellac French Pedicure	60 min	$110
Shellac Mani & Pedi Basic	90 min	$180
Shellac Mani & Pedi French	90 min	$189
Shellac Polish	30 min	$60
Shellac French Polish	35 min	$65
Shellac Removal	20 min	$20

‘Essie Spa Manicure’ 60 min $89

Heavenly soak, total cleanse, we then apply essie microdermabrasion to remove dead skin cells, followed by the amazing hydro masque for dry hands and finish it off with a smoothie for maximum moisture & your choice of essie nail color.

‘Essie Spa Pedicure’ 60 min $125

Heavenly soak, total cleanse, we then apply essie exfoliating scrub followed by the amazing hydro masque for dry skin and finish it off with a smoothie for maximum moisture & your choice of essie nail color.

‘Wake them up’ Minty Foot Massage 30 min $85

A tingly treat for tired feet, this soothing and relaxing foot massage provides relief for aching feet. Available in our private open air massage area or the spa.

Essie Add on

Hydro Mask	$3
Spa Exfoliating Scrub	$3
Microdermabrasion	$3

SEADREAM Spa Policy

Arrival Time

Please arrive 10 minutes prior to your scheduled appointment time. If this is your first visit to our SEADREAM Spa, we require a SEADREAM Spa consultation form, which your therapist will complete with you. This will enable us to tailor your treatments to your specific needs.

Late Arrivals

Arriving late for your Spa appointment will decrease your treatment time and potentially change the actual treatment provided. You will still be charged for the full treatment. Should your late arrival be due to a shore excursion delay beyond your control, we will be happy to reschedule your treatment at no additional charge.

Cancellation Policy

If at any time before your appointment you would like to reschedule or cancel your booking, we request a minimum of two hours notice. If your cancellation is less than two hours prior to your appointment time a 50% charge will apply. For all "no shows" a 50% charge will apply.

Maximize Your Spa Time

We recommend that you spend some time in the steam or sauna before your treatment. If you have any questions or would like to reserve the steam room or sauna, any of our therapists will be happy to assist.

Jewelry

While trinket boxes are available in the Spa rooms, we recommend that you leave all jewelry and valuables in your stateroom.

What to Wear

Your privacy and modesty is respected at all times during your treatment. While most Spa treatments are best experienced without any clothing, your comfort factor is more important. If you are not comfortable wearing the disposable underwear provided, we recommend that you wear a bathing suit for your Spa experience.

Men

Men are requested to wear a bathing suit for all body treatments. We also highly recommend that you shave before having a facial treatment. Facial hair does not effect the facial treatment, but it is much more comfortable for you if you are cleanly shaven.

Sauna & Steam Room

The Sauna and Steam Room are complimentary and open from 8:00 am to 8:00 pm. One to two guests can use the facilities at one time. Please pre-book by calling the Spa one hour before you would like to use the facility.

Relaxation is the art of letting go...

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